

# personal goals

my strengths

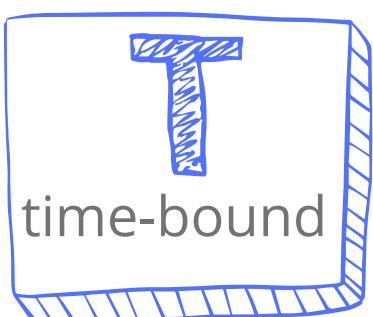
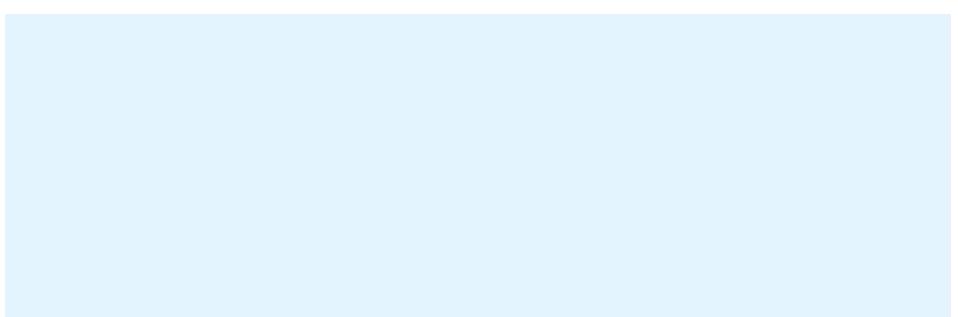
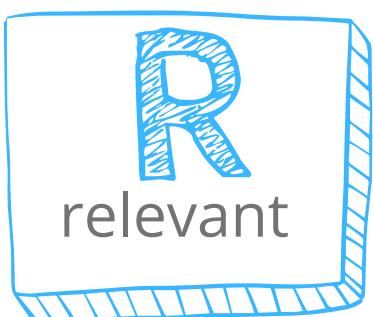
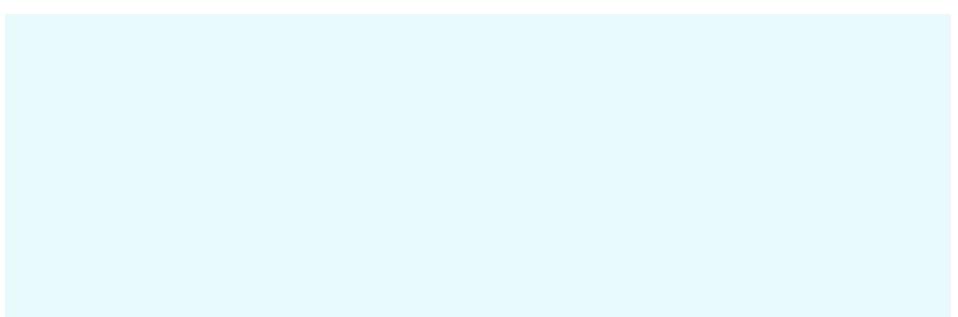
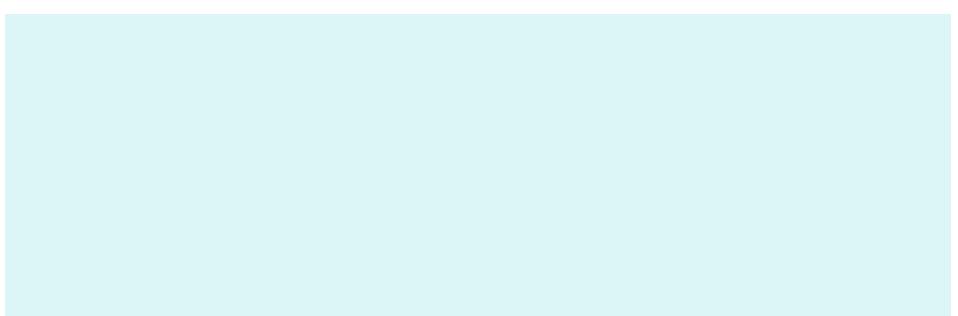
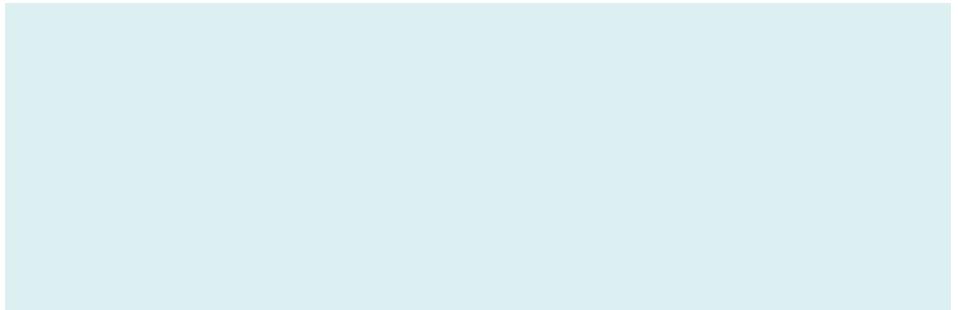


my challenges



possible goals





**My Goal:**



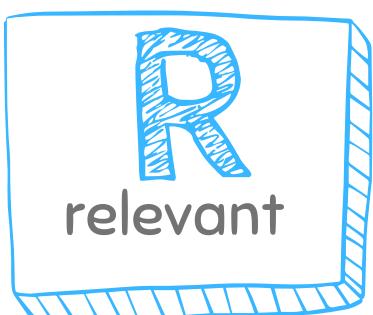
What do I specifically want to achieve?



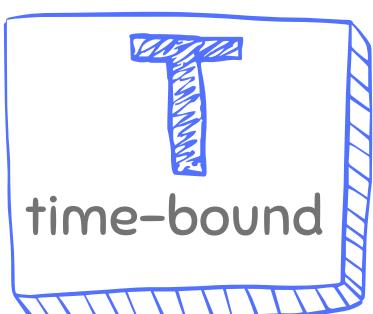
How will I measure my success?



What do I have to do to attain my goal?



How is my goal helpful for me right now?



Will I be able to reach my goal in time? How do I know?

My Goal:

# Personal Goal Reflection

Date:

What did I do?

Was it helpful? Why?

Next time I will:

Date:

What did I do?

Was it helpful? Why?

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# Personal Goal Reflection

Date:

What did I do?

Was it helpful? Why?

Next time I will:

Date:

What did I do?

Was it helpful? Why?

Next time I will:

Date:

Have I achieved my goal?



What did I do to achieve my goal? Was it helpful?

How did I measure whether I achieved my goal?

Which ATL did I demonstrate to reach my goal?

What should I do differently next time?

# Personal Goal Reflection

Date:

What did I do?

Was it helpful? Why?

Next time I will:

Date:

What did I do?

Was it helpful? Why?

Next time I will:

Date:

Have I achieved my goal?



What did I do to achieve my goal? Was it helpful?

How did I measure whether I achieved my goal?

What should I do differently next time?